

# REGULAR ATTENDANCE AT SCHOOL



## ATTENDANCE

is when a student is **at school in the class** they are supposed to be in.



## REGULAR ATTENDANCE

is when a student attends more than **90% of class time** or misses no more than one day each fortnight.



## NON-REGULAR ATTENDANCE

is when a student misses **a week or more** in a school term.

## WHY REGULAR ATTENDANCE MATTERS

### Research shows that regular school attendance leads to:

- better **student achievement**
- enhanced **wellbeing**
- improved **lifelong outcomes**.

### International research has found that lower school attendance is linked to:

- increased likelihood of **dropping out of school earlier**
- **social isolation** from school community and peers
- **poorer mental health** and social functioning
- increased likelihood of **criminal activity**
- increased likelihood of requiring **social assistance** in the future.

## BUILD GOOD HABITS EARLY!

Poor attendance in primary school is linked with poor attendance at secondary school. Children need to get into the habit of going to school regularly right from the start of their schooling.

## HAVING TROUBLE GETTING YOUR CHILD TO ATTEND SCHOOL?

## THERE'S HELP

### Contact your child's school.

Let them know what is going on for your child.

### Work with your child's school.

Come up with a plan to support your child.

### Talk to your child about how much you value school.

Your view of school influences how your child feels about school.

### Seek professional help.

If you are concerned about your child's mental health and wellbeing, call Lifeline: 0800 543 354 or make an appointment to see your child's GP.

