

# We care about **your** wellbeing.

When students are **valued** and **supported**, it helps them feel:

- **CONFIDENT** in who they are
- **ENGAGED** in their learning
- **OPTIMISTIC** about the future

— SAFE —  
CARING &  
INCLUSIVE

How we create a  
culture of kindness

- ▶ pastoral care team
- ▶ pastoral programmes
- ▶ curriculum learning
- ▶ wellbeing committee
- ▶ community initiatives
- ▶ educational programmes



— TE KURA O TITITEA —  
MOUNT ASPIRING COLLEGE

If bullying  
behaviour happens,  
there are people who can help.

- classroom teachers • counsellors/kaiārahi
- deans • Kahu Youth and 24-7 youth workers

Contact our guidance counsellors  
via email: [dept-guidance@mtaspiring.school.nz](mailto:dept-guidance@mtaspiring.school.nz) or tel: 020 404 94623 or 03 443 0496.

[mtaspiring.school.nz/positive-relationships](https://mtaspiring.school.nz/positive-relationships)