



Cell phones can be useful. They can help you stay in touch with friends and family and access useful information.

**But** at school, they are a big **distraction**.

When you receive notifications or messages, or access social media, you are distracted and unable to focus on learning.

### **Be willing and ready to learn**

We want you to make the most of your time at school and when your cell phone is turned off and in your bag, it shows you are willing and ready to learn.

#### **Years 7-10 students**

Don't bring your cellphone to school. If you do so, please leave it turned off in your bag at all times, including at break times.

#### **Years 11-13 students**

You can bring your cell phone to school, but you cannot use it during lessons or breaks. You may be asked by your classroom teacher to put your cell phone in the box provided at the start of each lesson. Think of it as: "what would be expected of me in the workplace?"

#### **At break times**

No phones. We want to ensure that digital harm does not happen in the playground.

### **What happens if?**

- If you use your phone in class or during breaks, your teacher will ask you to turn it off and put it away.
- If you are asked to do this more than once, your teacher will ask you for your cell phone.
- If your cell phone is confiscated, you can collect it from student reception after period 5 has finished (after 3:15pm).
- If this happens continually, your Dean or a Deputy Principal may involve your parents in coming up with a plan so that you are not distracted by your phone at school.

### **Social Media**

While it can be helpful to stay connected with people, it is not okay to use social media at school (on a laptop or phone) as it is a distraction from your learning. Social media, including group chats, are sometimes used by people to say hurtful things or exclude others. It can have a negative impact on a person's ability to learn and feel positive about themselves and their learning.